



SUMMER HOLIDAY ITINERARY

24th July to 1st September 2017





Week 1 - 24th – 28th July

Monday – Today we will be making our treasure boxes and decorating them, ready to keep any treasures we find during the summer holidays. In the afternoon we will wander down to the local woods to find some treasures to start our collection.

Tuesday – Today we will be off to the outdoor Go Bananas to get rid of some of that energy from being in School so long! So let's bounce and run and have some fun and make sure our helpers do as well! [Additional cost of £6.00](#)

Wednesday – We are going to chill out a bit today and do some arts and crafts; as it is Summer we thought we would make the birds a bird bath to cool off in and also some lovely bird feeders for the birds to feed from in our trees in the garden.

Thursday – Time to do some cooking, so let's get creative and make some pizza and cheese straws, we can then have a picnic in the garden in the afternoon with all our lovely snacks.

Friday – It's the end of the week, so time to get wet and messy with some water play (bring some spare clothes or a costume as you will get very wet!!). In the afternoon we will chill out and play some games.

Week 2 - 31st July to 4th August

Monday – Today we will be learning how to make pom poms with our special pom pom makers; we will choose our wool and will then turn them into key rings, bag charms or little animals to give to our special friends or family (or keep ourselves if they are really cute!)

Tuesday – We are off to the Cinema today (film to be confirmed). We will walk down to town and have a play in Kimberley Park first to run off our energy, followed by chilling out watching the latest film in town. [Additional cost of £6.00](#)

Wednesday – We are going to get cooking today and hoping that it is going to be a hot day, we will make our very own ice cream and some ice lollies, that we can eat for snack in the afternoon.

Thursday -- The holiday club is going to be looking at out of space today. We are going to make our own telescopes and our own solar system. In the afternoon we will have a wander down to the local woods using our telescopes.

Friday – We are going to have a chilled out day today. In the morning we are going to make our very own glass lanterns. We will light them all after lunch and have a pamper session while we chill out.



Week 3 – 7th August to 11th August

Monday – We can't have a holiday club in Cornwall without a proper Cornish day! We are going to make pasties in the morning for our lunch and some scones for snack in the afternoon. We will also have some Cornish stories while we relax in the afternoon.

Tuesday – Den making day today, so come in your comfy clothes and we will turn our holiday club into a giant den. If it's dry we will make some dens outside and cook our lunch on the BBQ.

Wednesday – We are off to the beach today, so bring your buckets and spades and fishing nets. We will have a sand sculpting competition and see how many different things we can find in the rock pools. We will also collect lots of pebbles, shells and sea glass for our craft day tomorrow.

Thursday – We are going to make some beautiful pebble pictures of our families today, using our beach treasures from yesterday. Any treasures we don't use can go into our Treasure boxes. We will also continue making things for our garden by making some colourful garden planters.

Friday – Let's get cooking today, we are going to make and decorate some boxes and then make some sweet treats to put in them. You can then choose to keep them or give them to your loved ones.

Week 4 – 14th August to 18th August

Monday – We are off to Pendennis Castle today to enjoy the Medieval Jousting and watch the falcons flying. **Additional cost of £6.50.**

Tuesday – We are doing some match box crafts today, we have some brilliant ideas for you to copy, or you can come up with your own ideas.

Wednesday – Cooking day today, so let's make some cookie dough pizzas and sausage rolls, we can then have afternoon tea out in the garden and play some outdoor games.

Thursday – It's time to experiment! We are going to have a scientific day today, with lots of fun experiments going on throughout the day. Prepare to be amazed!

Friday – It's the end of the week so let's go and chill out on the beach today. We are going to go to Castle beach, as it has the best rock pools. We also need to collect some pebbles for next week's craft activity



Week 5 - 21st August to 25th August

Monday – Let’s get out today and go to Argal Dam. We will have a walk around the lake and then have our picnic lunch, followed by running off some steam in the play area.

Tuesday – We are going to be posh today and make a high tea to have in the afternoon, we will need to make some little cakes and some scones, plus some posh little cucumber sandwiches. We will then serve them to each other in the afternoon in our own little Café.

Wednesday – Get your golf shoes on, we are going to pitch and putt this morning; let’s see if anyone can get a hole in one! We will come back and chill out in the afternoon and play some games.

Thursday - We are going to paint our pebbles today, as ladybirds and outdoor creatures to put in our garden. We are then going on a bug hunt in the woods to see what we can find.

Friday - We are going to have a medical day today – This morning we are going to have Chloe a student Paramedic come in and teach us some basic first aid skills so we know what to do in an emergency. We will learn how to put on bandages and slings and who to contact in an emergency

Week 6 - Tuesday 29th August to Friday 1st September

Tuesday – its colour day today – We are going to make some colourful rainbow cupcakes; some colourful rainbow painting and some rainbow eruptions, come in dressed in your most colourful clothes!

Wednesday We are going to have an end of Summer trip to Paradise Park today, we will get to see the bird shows, and all the other exotic animals, and don’t forget the indoor play barn to have fun in. [Additional charge of £7.50 per child](#)

Thursday – Let’s make some recycled wind chimes for the garden today, we need twigs, old keys and metal bottle tops, or anything else that makes a noise, if you have anything at home then bring it in and let’s get creative.

Friday – It’s the end of our lovely summer holiday club, so we are going to finish with a massive water play session in the garden in the morning, followed by a party in the afternoon to say goodbye to our holiday friends. (bring some spare clothes you will get very wet!)

Important information

Things your child will need on a daily basis:

- Sun cream.
- Sun hat.
- Change of clothes.
- A drink.
- Packed lunch on trip days *if your child has Fit and Fun lunch, a packed lunch will be prepared fresh that morning.*
- Waterproof pack away coat.
- Backpack.

***Please feel free to leave any of the above items here for the duration of the summer, but please ensure all items are clearly labelled ***

Additional information:

In addition to the trips we already have planned, we may feel spontaneous on some days and take the children to play in the woods or to the park or beach to make the most of the nice weather.

We will be prepared for all weather but if the weather is horrible and it is deemed unsafe or unpleasant to go on a planned trip we will select an alternative activity.



IF YOU WISH TO BOOK A SPACE FOR YOUR CHILD, OR
NEED ADDITIONAL INFORMATION PLEASE CONTACT
US ON 01326 379428 OR EMAIL info@fitnfunkids.co.uk



