



## MARCH NEWSLETTER



### **Rachel Jones, CEO**

Welcome to our March Newsletter where our team share with you the fun and exciting things we have planned this month for your children.

First of all am delighted to share with you that Fit N Fun Kids were awarded the Excellence in Business Training Awards 2017 Tenth Anniversary award for our commitment to training and development of our team! We are very excited to receive this award as it recognises the amount of additional time and study our team put in to continually improving so as to ensure the care and education they give to your children each day is of the highest quality!

On that note, you may be interested to hear that our team will be giving up their time this Saturday to study 'Five to Thrive', promoting optimal brain development for all children. We are all aware that a child's body grows better when we give our children good food, for example, 'five a day'. For your child's brain to grow better we need to do five simple things that feed the growing brain: Respond, Cuddle, Relax, Play and Talk – these are the building blocks for a healthy brain! Our learning from this will support our practice but also support our knowledge that we can share with you around your baby's brain development!

**So what is new for March?:** I think you are all aware that our lovely Day Care Manager Aimee has now started her maternity leave and Sarah our Littles Room Manager and to date Deputy Manager, will be taking over as Temporary Day Care Manager, with support from Lynn, Pre-School Manager & Deputy Manager. If you have any questions or concerns please do not hesitate to contact them.

#### **A couple of dates for your diaries:**

Don't forget it is world book day on the 2<sup>nd</sup> March, we are encouraging all our children to come into Nursery dressed as their favourite book character.

Red nose day is on the 24<sup>th</sup> March – look out for posters around the Nursery for what we are planning to do with the children.

We will be celebrating St Piran's Day and Mothering Sunday.. more to follow on this!

**A reminder for parents** - if your child has had sickness or diarrhoea they need to be clear of symptoms for 48 hours before returning to Nursery – this is really important so that the virus does not further affect our staff or other children and your co-operation on this is very much appreciated.

Also, if you could please ensure when sending medicine in for your child, that you send this in it's original bottle/box and complete a Medication Administration Form which you can download from our website or obtain from your Key Worker.

Finally, we have sent out a couple of questionnaires, your response of which is very important to us! The first has gone to all parents and is our Parent Survey – feedback on this tells us what we are doing well and where we can improve. The second questionnaire on the roll out of 30hrs funding has gone out to all parents who have children in Pre-School from September 2017. If you could please complete and return asap. Many thanks and have a great month!

Don't forget to follow us on Facebook: Fit N Fun Kids and Twitter: FitNFunNursery where we share more of what we are up to each day!



**Claire, Under Twos Manager**

Following recent conversations with our parents and reflection of our childcare areas, we are delighted with the new 'under twos area' within our setting that allows for improved interaction amongst the children, less transitions, better use of space for children throughout the setting and a focused area for all our team that work with under twos, all of which we feel will improve the outcomes for our children. Thank you to everyone involved in this.

This month in the Under 2's room we will be celebrating St Piran's Day on Monday 6<sup>th</sup> March, with a black and white themed day making Cornish flags and having some yummy scones with jam and cream for snack. This links to our British Values and teaches the children about what is important to Cornwall.

Later in the month our theme changes to St Patrick's Day and we will be exploring our green sensory tray, green play-dough and being super creative with Irish themed arts and crafts which will help the children develop in many areas such as maths and expressive art and design.

During the month we will also be making some special cards for our mums. We will end the month by starting our Spring theme as part of the children's learning about the world around us and a change of season.

This month we will sadly be saying goodbye to Alice, who is leaving on the 3<sup>rd</sup> of March for pastures new. Alice has been a great member of the team and we wish her lots of luck in her new role!



**Sarah, Littles Manager and Day Care Manager**

Well it looks like Spring is arriving, as we have lots of flowers starting to come out around the Nursery. We will be starting our Spring displays using Spring colours for painting activities and making flowers from recycled items. We will also be designing and making some lovely cards for Mothers Day.

Here the children will learn about colours, shapes and learn to take turns during our activities. We will be looking at and exploring real flowers, learning about seeds and growth. Here the children will learn more about our outside environment and how to care of living things.

We look forward to receiving photo's on your child's tapestry of you all out and about enjoying the Spring sunshine!



**Lynn, Pre-School Manager**

This month in Preschool our theme is Space. We will be looking at the planets in the universe and creating some of our own using puff paint. We will also be comparing planet sizes, making rockets out of recycled materials and lots more activities planned around this theme. Here the children will increase their knowledge of shapes and measures in maths. They will also learn about showing care and concern for our environment in using recycled materials.

We are also planning to celebrate some special days including St David's day, where we will be creating daffodils and looking at the country of Wales. Also St Piran's Day where we will be making Cornish flags and eating cream teas! Finally St Patricks Day we will be creating flags, making green play-dough and also will taste some soda bread and other tasty treats. These activities will focus on 'The World', learning about different countries and their cultures and customs extending our British Values.

World book day is on the 2<sup>nd</sup> of March. If the children would like to come in dressed as their favourite character from a book, they are more than welcome to. World Book Day supports us on focusing on our literacy skills, helping the children to understand characters in the books, their emotions and feelings.

Not forgetting Mother's day, the children will be making special cards and keepsakes to take home for this very special day. The children will experience much excitement around this whilst supporting their physical skills in creating a keepsake for mum whilst also talking about the special people in our lives.

Please continue to add anything your child enjoys at home onto Tapestry. If you have any questions please do not hesitate to speak to myself or your child's key person.



## **Allana, Out of School & Holiday Club Manager**

March has arrived! Which means spring is around the corner. In afterschool this month we will be following some themes, after last month's themes were such a success!

Week one we will be book week. But before we even think about celebrating book day, we have Shrove Tuesday! So it's homemade pancakes for snack! Woohoo! On Thursday it's world book day so we will be dressing up, doing some face painting. We will also be getting creative and writing our own stories.

For week two our theme is St Patrick's Day! During the week we will be doing some rainbow based activities. We will be exploring colour changing activities with skittles and water. We will also be making some rainbow biscuits, and creating some leprechaun pictures too.

For week three our theme is appreciating our mothers. We have mother's day up and coming so we will be making some beautiful cards, some lovely little gifts and some heart fridge magnets.

Week four's theme is Easter! It's nearly Easter so we will be celebrating in style! We will be learning how to face paint a rabbit and practicing on each other! We will also be making some Easter cards, some Easter crafts. Don't forget Easter half term is nearly here so make sure you check out the itinerary and book a space before they are all gone 😊 x

**For more information or to book please call 01326 379428,  
email: [info@fitnfunkids.co.uk](mailto:info@fitnfunkids.co.uk), or visit [www.fitnfunkids.co.uk](http://www.fitnfunkids.co.uk)**